#### August 2012

# Pony Up Express

# An Update from the Circle P Sanctuary



# Summer of Fun

#### More Exciting Events to Come!

With Summer in full swing out at the Sanctuary, horses and humans alike have been kept busy! Despite the continued heat, we are already starting to shift gears and starting to focus on our big fundraising event in the fall. The 3<sup>rd</sup> Annual Hoedown for Horses on Saturday November 10th, 2012 at the Clarion Hotel & Suites, located at 900 E. Dublin-Granville Rd, Columbus, OH, 43229 from 6:30-10pm. We invite you to lasso a friend and mosey on down to the Hoedown for Horses for a howlin' good time! Tickets are \$35.00 per person and can be purchased online at our website, <u>www.circlepsanctuary.org</u>, under the events section or by mail sent to Circle P Sanctuary Inc., 1909 County Rd 24, Marengo, OH 43334.

#### Sanctuary News

News and updates about horses and happenings around the Sanctuary!

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## Featured Article

In this issue we give you information about Guineas.

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# Events

#### KARAOKE NIGHT

PLACE: OLD BAG OF NAILS 24 NORTH STATE STREET WESTERVILLE, OH 43081 TIME: 8PM - MIDNIGHT WHEN: EVERY 3RD THURSDAY OF THE MONTH SING YOUR HEART OUT TO RAISE MONEY FOR HORSES IN NEED!

#### **OPEN BARN**

PLACE: CIRCLE P SANCTUARY TIME: 1 – 4 PM WHEN: EVERY 3<sup>RD</sup> SUNDAY OF THE MONTH COME EXPLORE THE PROPERTY; MEET THE HORSES, GOATS, PICS, AND LLAMAS.

#### **VOLUNTEER ORIENTATION**

PLACE: CIRCLE P SANCTUARY TIME: 1 – 3PM WHEN: EVERY 2<sup>ND</sup> SUNDAY OF THE MONTH FILL OUT A VOLUNTEER APPLICATION FORM FROM OUR WEBSITE AND GET AN INTRODUCTION TO WORKING AT THE SANCTUARY!

### **Sanctuary News**

Events, Horses, Adoptions

Summer is a busy and exciting time out at the Sanctuary! Not only have we taken in new resident Guinea fowl and a rooster, we have also found forever homes for three of our deserving horses!

Circle P Sanctuary was also lucky enough to have been chosen by Equine.com to be featured in their advertisement that can be seen online and in magazines such as Equus and Horse & Rider! Circle P Sanctuary is part of Equine.com's Home For Every Horse Program, in which the website allows us to post horses available for adoption on their website for free. Not only has equine.com given us free advertising to thousands, they have also partnered with Purina to donate horse food as well. The feature article is on Belle, a horse that was just recently adopted, so make sure to look for it!

The Sanctuary has also taken in two dogs from the Morrow County Dog Shelter that are in desperate need of homes! If you or anyone you know of may be interested, please contact us!



**Gus** is a Treeing Walker Coonhound that is great with kids and has a calm demeanor. He would do best in a home without birds and a home that does not have any food laying out (such as cat food) as he is very food motivated and has typical hound characteristics. **Duffy** is a pit-mix and loves people! He is high energy and needs some training, but he listens well. He would do best in a home without any other pets.

## **Recent Adoptions – Congratulations!!**

#### We wish all the best to our new horse owners



Recently adopted, Bo's new owner is boarding him at the Circle P Ranch as she continues to learn the ropes about horse ownership. Bo absolutely adores his new owner and they are certain to be a perfect match!



Frisky was adopted by a woman up in Michigan that

plans on using Frisky for trail riding. She is an experienced horsewoman that is sure to keep Frisky happy and well cared for!



Although Belle's past has left her with both

physical and mental issues, it did not stop her new owner from taking her on as a pasture pal for her gelding, David. Belle and David became instant friends and her new owner reports that Belle could not be happier!

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# Meet Tinkerbelle Our Featured Adoptable Horse

Tinkerbelle or Tink was surrendered to us in December of 2011. She was seen by The Ohio State equine veterinary team and has been doing great. We have been told that Tink was once a 4-H horse and is great with children. Tink was kept in foster care for a few months before coming over to our equine center. Tink is very respectful and well mannered, but can get anxious while working with people. She does not stand well in the cross ties, but will stand quietly on her own when being brushed and tacked up in a stall. She gets along well with other horses. Although she is a bit nervous at times, she is quickly re-gaining her trust of people through ground work. She has some anxiety about allowing the bit into her mouth, but accepts the bitless bridle and saddle well and has clearly been ridden before. She is careful and calm at the walk and trot with children on her back. However, she still seems a bit nervous and our young rider volunteer has had some trouble getting her to stay working on the rail rather than turning in and stopping. Tink continues with ground work as well as work under saddle. Tink is a spunky, yet respectful pony that would make a great children's horse with time and continued training.

# What You Need to Know About... Guinea Fowl

Compiled by: Graham Rossi



#### Ancestry:

Guinea fowl were domesticated 4,000 years ago by the Romans and Greeks. These birds were appreciated by citizens and were encouraged to rid gardens of harmful insects. Thanks to European and African trade, the species was salvaged after the fall of the Roman Empire. The guineas managed to leave a mark in Greek Mythology.

"When Meleager, who succeeded in killing the Caledonian boar, was killed, his sisters Deianira (wife of Hercules) and Gorge were put to death and turned into Guinea Fowl by Artemis. The tears that they shed showering their sable plumage with white spots. Dionysus pleaded with Artemis to undo her work, and the sisters were returned to their human form." Other Background:

Predators usually strike at night and have been known to dig under fencing to get to enclosed guineas. Predators include dogs, weasels, raccoon, opossum, owl, fox, and coyote.

The Guinea fowl's ability to extinguish ticks from landscapes has been discussed in newspapers, including The New York Times. Owners note that ticks are rarely found on their property. To some degree, these guinea fowl reduce the amount of Lyme disease that is transmitted to humans and livestock.

African Guineas are known for their blue head. Pearl Gray plumage (the color of Circle P's African Guineas) and lavender plumage are commonly seen in guinea populations. Coloring in our guineas consists of gray feathers with white dots throughout. Other possible colors include white, royal purple, coral blue, buff dundotte, porcelain, opaline, slate, brown, powder blue, chocolate, violet, bronze, sky blue, and pewter.

Weight	1.51bs-3.51bs.
Height	16in30in.
Wing Span	59in71in.
Lifespan	10-20 years
Top Speed	22mph

#### Range:

Found on the Eastern side of South Africa and most of Kenya. Conservation Status: Least Concern Common name: African helmeted guinea fowl

#### Habitat:

In southern Africa, the guinea fowl thrive in forests, deserts, and grasslands. Although they don't put up a strong fight against predators, they're able to sustain steady populations in a variety of climates.

#### Captive Indoor Housing Tips:

Each guinea should have 3-4 square feet of space to prevent fighting in the flock. Also, leaning a ladder against the wall of an indoor enclosure provides a substantial amount of perching and roosting opportunity. Most importantly, all pens must have at least one area of solid roofing where the guinea fowl is sure to have an area to retreat to during hot, rainy, windy, or snowy days.

#### Sexing:

Determining between male (cock) and female (hen) is done mainly through listening. Male guineas can only produce a single syllable sound, heard as "chi, chi, chi, chi," while females are able to produce both a one and two syllable call. The feminine call is heard as "buck-wheat, buck-wheat, buck-wheat." Even though males typically have larger wattles, it serves as an inaccurate way of determining sex.

#### Eggs:

Typically the guinea fowl produce eggs year round. Approximately two guinea fowl eggs are equivalent to one chicken egg. Nests are made anywhere on the ground, usually against fences or high grass. Females tend to stay with their nests over night, instead of returning to roost in safety. A clutch size ranges from 8-15 eggs, 12 eggs being the average amount. Hatchlings, referred to as keets, have low survival rates in the wild due to poor maternal supervision.

#### Diet

- Consume mostly bugs and weed seeds
- Munch on regular food in evening before roosting
- > Optimal browse feeds are turkey feed or game bird feed
- Daily diet should consist of 17-18% protein, which is entirely supplied by bugs
- "White Millet" can be used as a special treat for guinea flocks. If not used regularly, it can serve as a means to encourage grazing or to reward guineas when they are called back to roost
- Other noted food items include worms and berries

#### Behavior / Extra Information

- Guineas cannot truly fly, but they can get airborne for a few seconds! And have a natural tendency to "return home" when let out for the first time in a new area
- These birds enjoy viewing their reflection. Guineas will roost near windows and strategically placed mirrors
- During winter months they avoid snow and seem to appreciate extra bedding
- Taming guinea fowl is difficult unless they have been handled since keethood
- > The species is not known to instigate conflicts with other farm animals
- Clipping their wings will keep them put; however, it will render them defenseless when predators attack

Sources:

http://www.guineafowl.com/fritsfarm/guineas/

http://a-z-animals.com/animals/guinea-fowl/

Google Images



Circle P Sanctuary is now home to four Guineas that had been part of an owner surrender. They can be found wandering around the property at the Equine Center!



# **VOLUNTEER OF THE MONTH**

## **Graham Rossi**

Graham Rossi came to the Circle P Sanctuary this summer with only a little bit of horse expierence in his past. Putting in several hours a day, two to three times a week, Graham quickly learned his way around horses and has proven to have a great natural ability while working with them – whether in hand or under saddle. Graham says that "It was great hanging around the staff and horses at Circle P! There is always something new to learn!" He is pictured above volunteering during a pony party while children decorated Barney before the pony rides. Attending the University of Findlay this fall in order to pursue a career to become a veterinarian, Graham is sure to have a great start when it comes to working with horses. Always helpful and enthusiastic to learn, we wish Graham the best of luck as he goes off to school!



# **VOLUNTEER OF THE MONTH**

## Shenan Wentworth

With horse experience growing up, Shenan came to volunteer at the Sanctuary this summer having not been around horses for several years. Not only did she help throughout all of hay season – she did not complain once! Shenan often will come out two or three times a week and spend the whole day at the Sanctuary helping out with the chores and working with the horses. With volunteer help, our regular barn staff was able to complete many more projects around the property that would have otherwise never been done. This helps to make the Sanctuary a more beautiful, efficient, and safe place to work and visit! Shenan is pictured above attending our monthly Karaoke Night fundraiser at the Old Bag of Nails in Westerville!

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Thank you to all who have supported the Ohio Horse Plate Program. The Circle P Sanctuary has been awarded a grant for the third year in a row! Each year, the amount granted to the Circle P Sanctuary has increased due to the growing number of people buying the special license plates for their vehicles. If you love horses, this is a great way to show your support to the community by contributing to the Ohio Horse Plate Program. For more information about the Program, please visithttp://www.horseplate.org/





#### Volume II, Issue 3

## Summer Open Barns a Success

Open Barns are always fun, but this summer Circle P Sanctuary focused more on making each open barn a fun and unique event. Dog Days of May featured local dog rescue groups, agility competitions, dog showing classes, and even a police dog demonstration! Next month was the Bargain Barn and Garage Sale Grand Opening. Since the Grand Opening, the Bargain Barn continuously receives new items and re-opens every 3<sup>rd</sup> Sunday of the month from 1-4pm, so stop on by and browse through donated items ranging from cookware to games to clothes and more!



Our last event of the summer was the Summer Bash! The Summer Bash featured vendors that sold everything from decals to jewlery. The Sanctuary even hosted horse riding demonstrations in the arena all day! Hay rides and pony rides were also a popular attraction, but of course, only after you got your face painted! Special thanks to Champion Feed for coming out to demonstrate the Holland Grills they have for sale by cooking up some delicious hotdogs! Everyone had a fun day out at the Sanctuary and got to enjoy musical guest Todd Berry! Todd Berry is a professional singer that has provided entertainment for clubs and venues throughout the United States. Todd performs a wide variety of music ranging from 50s & 60s Classic Rock, Country, and Gospel as well as his own original music. Todd also writes and produces original music of his and other artists. Todd currently is signed to Spotlight Records and has released a gospel CD as well as the country CD titled Better Days to Cry. Special thanks to everyone who donated their time to help make these events a success as well as to everyone who came out!

## Circle P Sanctuary Presents:

Veterinary and Horse Care Seminar

Presented by:

#### Dr. Teresa Burns of Ohio State University

September 16, 2012

2-4pm

Equine Center

#### 2013 County Road 24 Marengo, OH 43334

This FREE seminar will feature informational discussions about supplements, general horse care and health issues, and important information on how to get the most out of working with your vet.

Dr. Burns graduated from Iowa State University with a B.S in Zoology and is a 2004 graduate of Iowa State University College of Veterinary Medicine where she graduated at the top of her class. She then completed two years of an internship here at the Ohio State University College of Veterinary Medicine in the Equine Field Service program and continued on to a three-year combined residency and graduate program in Equine Internal Medicine. Her graduate research involves the investigation of inflammatory mediators in various adipose tissues and how this might relate to the pathophysiology of laminitis in horses with equine metabolic syndrome. Dr. Burns has earned many honors during the time she has spent at Ohio State. She won the Outstanding Intern Award, the Clinical Teaching Excellence Award, Hospital Service Award, and the Resident Research Abstract Award given at the ACVIM Forum in Montreal Ouebec in June of 2008. She is a member of the American Veterinary Medical Association, the American Association of Equine Practitioners, and the Ohio Veterinary Medical Association. Dr. Burns will be converting her MS into a PhD program, and will work with Dr. Jim Belknap who will serve as her doctoral research advisor. She will work approximately 50% of the time doing clinical work in Equine Field Services and the remaining time and effort will be devoted to her doctoral studies. (vet.osu.edu)

# Please visit <u>www.circlepsanctuary.org</u> and e-mail <u>info@circlepsanctuary.org</u> to RSVP to this event!



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# **Talking Points**

The opinions in this article are not the view of the Circle P Sanctuary or Ranch. This is just a way to promote awareness of current horse issues! We want to hear what you think – write in and your opinion may be published in the next issue!

#### PMU / Premarin

Premarin is a drug for women made from pregnant mare urine (PMU). I am still not completely against or for PMU ranches; I personally would never take Premarin. I do not like the idea that these mares are hooked up to catheters and have very little space to move around in for six months out of the year, and also that it is creating unwanted foals. However, I do not necessarily feel that these ranches should be shut down either. The horses are allowed to live a very natural, free life for the other six months of the year and they are well taken care of when they are in the barns. The breeding incentive program can really help to make more desirable foals, and different shows and adoption options can help to limit the number of unwanted foals. I was completely against PMU at first because I was under the impression that these mares were living in horrible conditions and not being taken care of. I also thought that the foals were taken away from their mothers very early like as in the unwanted foals created from nurse mares, and this is not the case either. Although these practices may have been happening in the past, I feel that the ranchers and the drug company are doing a good job self regulating their ranches and I really like how they have outside veterinarians come in to assess the mental and physical condition of the mares. Personally, I do not like the idea of taking any sort of drug that is trying to change or regulate your natural body's function, and that is the main reason I would not take Premarin. In other words, it is not in opposition to the PMU ranchers, but to my own beliefs about medicine. Menopause is not a life or death situation in which medicine is needed, so I would find other ways to try and control or work through it.

I really like the idea of having people send their mares to PMU ranches during a period of their pregnancy; this way, the pregnant mare urine is still able to be collected for the drug and the foals will not be unwanted. However, I feel that many horse owners, especially those who own very nice, expensive horses, would be unwilling to risk their mare and the foal by sending them to a PMU ranch. Even though the PMU industry is creating a large amount of foals, they are also providing for a large amount of mares. These mares, usually drafts or quarter horses of some sort, may very well be unwanted if not for the PMU industry. I am unsure as to where these mares come from, but if they are taking in large amounts of unwanted mares (maybe they are not suitable for their previous owner or they are unruly to ride) then these ranches can actually be helping unwanted horses in some cases. 14

Written By Jenna Letzter

August 2012

#### **Community Speaks Out**

Want more information about PMU/Premarin? Read these articles (copy and paste them into your browser):

http://www.naeric.org/about.asp?strNav=4

http://www.applesnoats.com/pmu.pdf

http://www.thehorse.com/ViewArticle.aspx?ID=738

# Write in and tell us your opinion!

#### Circle P Sanctuary

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www.circlepsanctuary.org

www.thecirclepranch.com

Send comments, responses, or questions to: ponyupexpress@yahoo.com